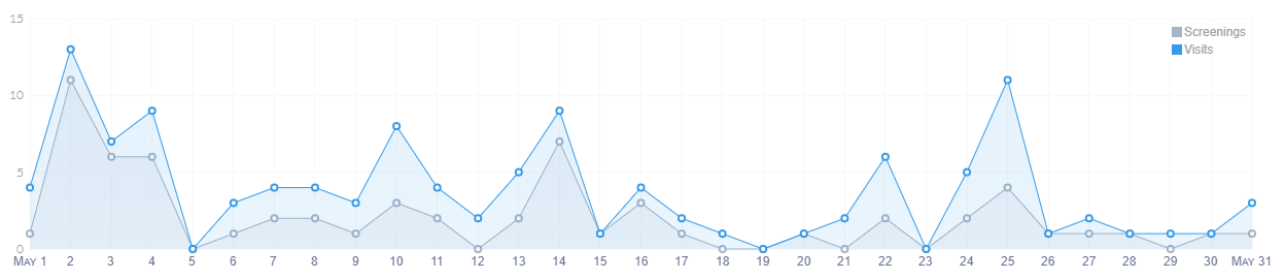


Online Screening Results for May 2018

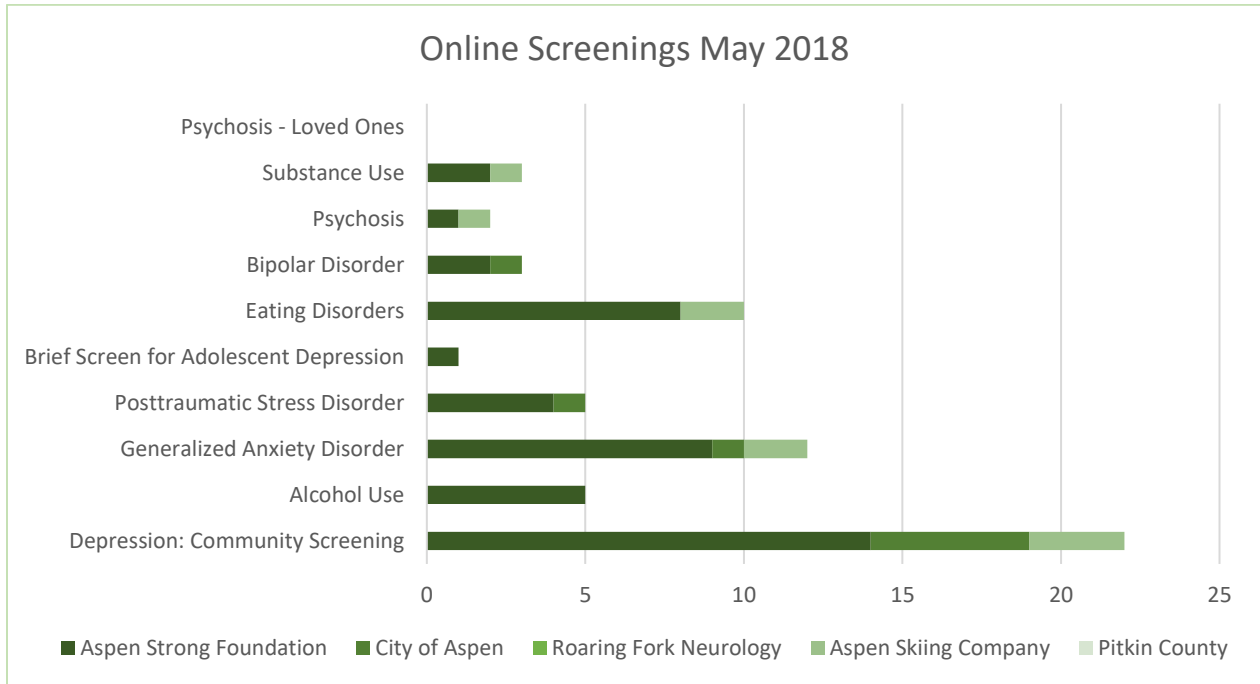
Number of Online Screenings Taken from 5/1/2018 – 5/31/2018		Online Screenings that Scored Positive for Symptoms of the Disorder	
Depression: Community Screening	22	Depression: Community Screening	54%
Alcohol Use	5	Alcohol Use	60%
Generalized Anxiety Disorder	12	Generalized Anxiety Disorder	58%
Posttraumatic Stress Disorder	5	Posttraumatic Stress Disorder	80%
Brief Screen for Adolescent Depression	1	Brief Screen for Adolescent Depression	100%
Eating Disorders	10	Eating Disorders	80%
Bipolar Disorder	3	Bipolar Disorder	33%
Psychosis	2	Psychosis	100%
Substance Use	3	Substance Use	100%
Psychosis – Loved Ones	0	Psychosis – Loved Ones	N/A
TOTAL:	63	Total Number:	41
TOTAL Online Screenings YTD:	493		
TOTAL Online Screenings:	3,888		

Of those who scored positive for symptoms, what percent of people plan to seek help? *		
Depression: Community Screening	6 scored positive, 4 of whom plan to seek help	67%
Alcohol Use	1 scored positive, 0 of whom plan to seek help	0%
Generalized Anxiety Disorder	1 scored positive, 1 of whom plans to seek help	100%
Posttraumatic Stress Disorder	1 scored positive, 1 of whom plans to seek help	100%
Brief Screen for Adolescent Depression	N/A	N/A
Eating Disorders	1 scored positive, 0 of whom plan to seek help	0%
Bipolar Disorder	1 scored positive, 1 of whom plans to seek help	100%
Psychosis	1 scored positive, 1 of whom plans to seek help	100%
Substance Use	N/A	N/A
Psychosis – Loved Ones	N/A	N/A
Totals:	12 scored positive, 8 of whom plan to seek help	67%
<i>* based only on those who opted into this question</i>		

Screenings by Day



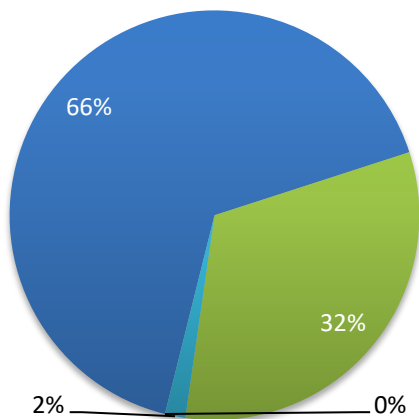
Partner Site Screening Breakdown



Demographic Information

Gender Identity

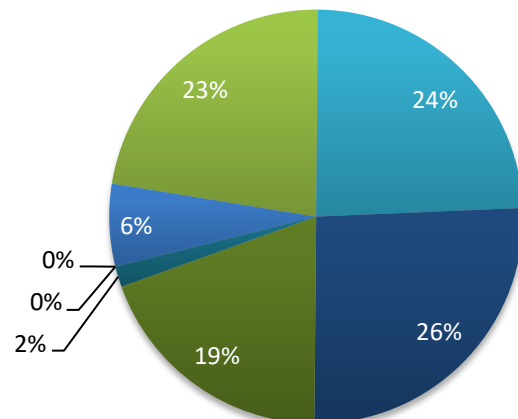
Female Male Transgender Other



Age

18-24 25-34 35-44 45-54

55-64 65-74 75-84 85+



Community Events

May 16th As You Are: Aspen Family Connections; “Resilience” Film Showing

- 3 online screenings took place the day of the event (5% of screenings for the month)

May 19th Autism Walk

- 0 online screenings took place the day of the event (0% of screenings for the month)

Aspen Strong’s three community events in May accounted for 5% of the month’s screenings.

Promotional Language

The month of June is Men’s Health Month, which is an important time to emphasize men’s mental health and encourage men to practice general wellness. Men are significantly less likely to seek help than women, but in the United States die by suicide nearly 4x more often. Much of this gap in help-seeking is due to the pressure of masculine social stereotypes. So far this year (2018), 30%* of mental health screenings taken through Aspen Strong screening initiative sites have been taken by men. This number is only slightly higher than the national screening statistic, which marks the percentage of mental health screenings taken by men at 26%** . Want to help balance the numbers? Anyone can take a step toward offering support to men in the Roaring Fork Valley community. Simply share the free and anonymous screening tool at <http://screening.mentalhealthscreening.org/aspenstrong> with the men in your life.

** 68% women, 2% transgender, 0% other*

*** 72% women, 1% transgender, 1% other*

Of the 41 people who scored positive for a mental health disorder this month, 12 answered the optional question “Do you plan to seek help?” Of those 12 who responded, 8 reported that they did indeed intend to seek help.
