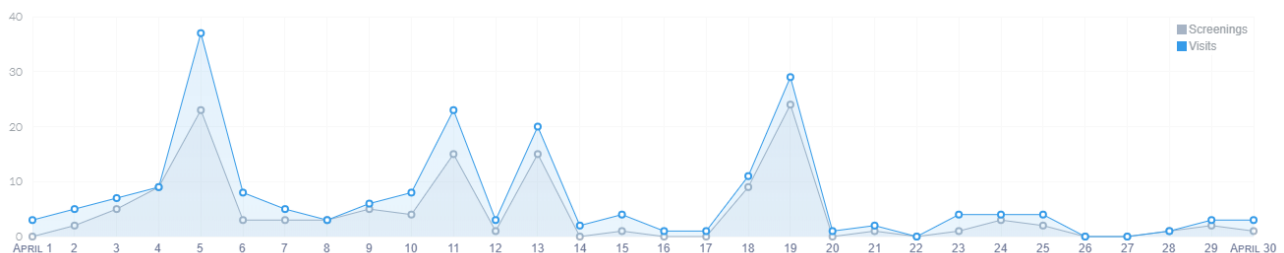


Online Screening Results for April 2018

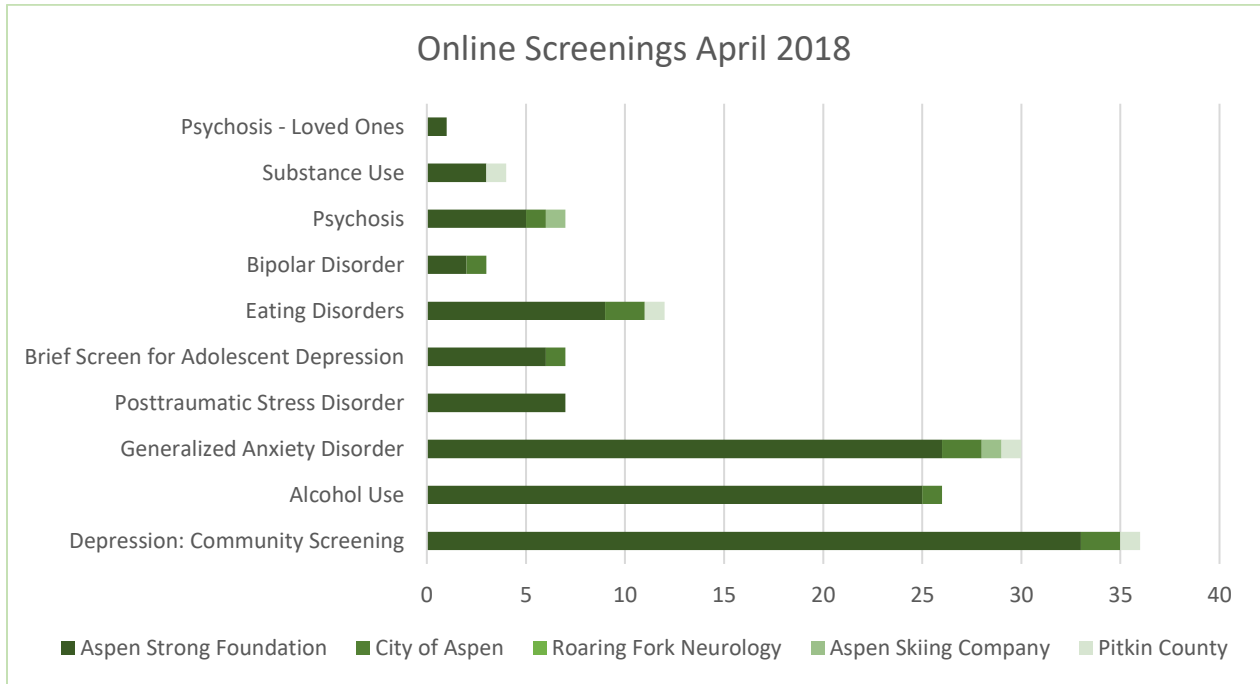
Number of Online Screenings Taken from 4/1/2018 – 4/30/2018		Online Screenings that Scored Positive for Symptoms of the Disorder	
Depression: Community Screening	36	Depression: Community Screening	44%
Alcohol Use	26	Alcohol Use	58%
Generalized Anxiety Disorder	30	Generalized Anxiety Disorder	63%
Posttraumatic Stress Disorder	7	Posttraumatic Stress Disorder	100%
Brief Screen for Adolescent Depression	7	Brief Screen for Adolescent Depression	58%
Eating Disorders	12	Eating Disorders	92%
Bipolar Disorder	3	Bipolar Disorder	100%
Psychosis	7	Psychosis	43%
Substance Use	4	Substance Use	100%
Psychosis – Loved Ones	1	Psychosis – Loved Ones	0%
TOTAL:	133	Total Number:	78
TOTAL Online Screenings YTD:	430		
TOTAL Online Screenings:	3,825		

Of those who scored positive for symptoms, what percent of people plan to seek help? *		
Depression: Community Screening	2 scored positive, 2 of whom plan to seek help	100%
Alcohol Use	1 scored positive, 1 of whom plans to seek help	100%
Generalized Anxiety Disorder	5 scored positive, 2 of whom plan to seek help	40%
Posttraumatic Stress Disorder	1 scored positive, 1 of whom plans to seek help	100%
Brief Screen for Adolescent Depression	N/A	N/A
Eating Disorders	3 scored positive, 0 of whom plan to seek help	0%
Bipolar Disorder	1 scored positive, 1 of whom plans to seek help	100%
Psychosis	1 scored positive, 1 of whom plans to seek help	100%
Substance Use	1 scored positive, 0 of whom plan to seek help	0%
Psychosis – Loved Ones	0 scored positive, 0 of whom plan to seek help	0%
Totals:	15 scored positive, 8 of whom plan to seek help	53%
<i>* based only on those who opted into this question</i>		

Screenings by Day



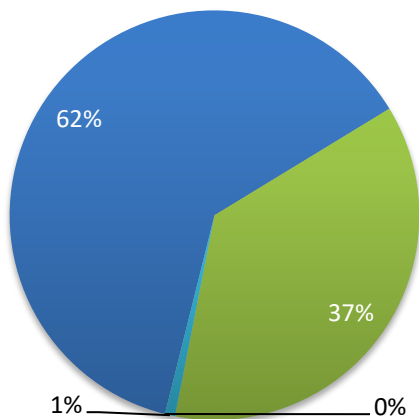
Partner Site Screening Breakdown



Demographic Information

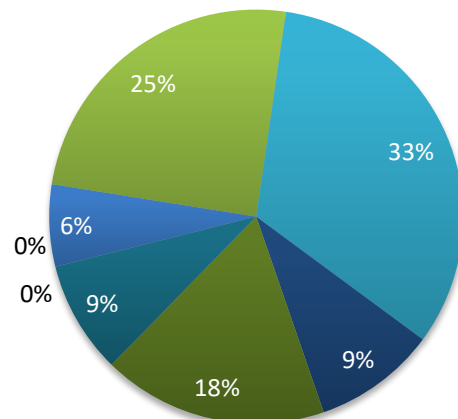
Gender Identity

Female Male Transgender Other



Age

18-24 25-34 35-44 45-54
55-64 65-74 75-84 85+



Community Events

April 11th-12th Ski CO Benefits Fair

- 16 online screenings took place during the event (12% of screenings for the month)
 - 15 online screenings took place on the 11th (11% of screenings for the month)
 - 1 online screening took place on the 12th (1% of screenings for the month)

April 13th 2018 Health and Wellbeing Symposium

- 15 online screenings took place the day of the event (11% of screenings for the month)

April 19th ACES Earth Day Celebration

- 24 online screenings took place the day of the event (18% of screenings for the month)

Aspen Strong's three community events in April accounted for 41% of the month's screenings.

Promotional Language

May is Mental Health Awareness Month. Approximately one in every five Americans lives with a mental health condition, although many do not know it. The goal of this awareness month is to educate our communities about the realities of mental health and wellness and to eliminate the stigma that currently surrounds these topics. In May of 2017, 198 people took an online mental health screening through the Aspen Strong screening initiative to learn if they may have symptoms that indicate the possibility of a mental health condition. As we enter again into Mental Health Month, now is a wonderful opportunity to share Aspen Strong's online mental health screening tool with your friends, your loved ones, and even with yourself. This tool will teach you about the symptoms of various mental health conditions and refer you to resources in the community that offer support. The best part? Screenings are quick, free, and anonymous: <http://screening.mentalhealthscreening.org/aspensstrong>.

Of the 78 people who scored positive for a mental health disorder this month, 15 answered the optional question "Do you plan to seek help?" Of those 15 who responded, 8 reported that they did indeed intend to seek help.
