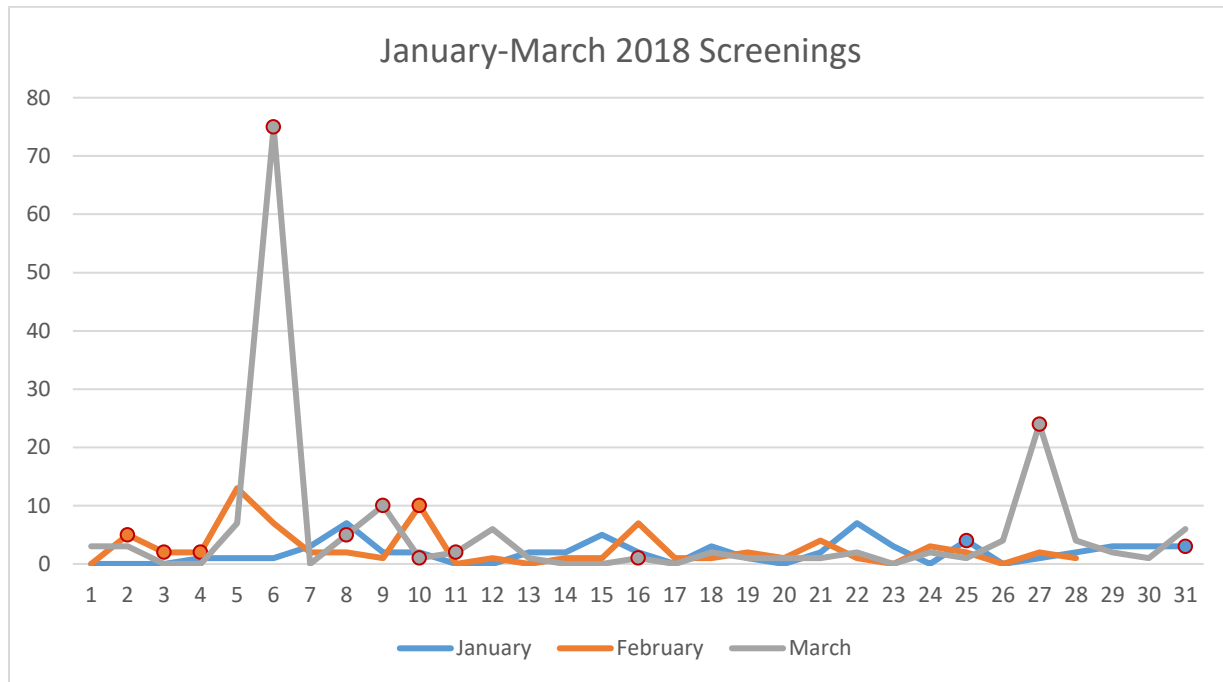


Online Screening Results for January 1st- March 31st, 2018

Number of Online Screenings Taken from 1/1/2018 – 3/31/2018		Online Screenings that Scored Positive for Symptoms of the Disorder	
Depression: Community Screening	104	Depression: Community Screening	61%
Alcohol Use	38	Alcohol Use	74%
Generalized Anxiety Disorder	69	Generalized Anxiety Disorder	74%
Posttraumatic Stress Disorder	17	Posttraumatic Stress Disorder	88%
Brief Screen for Adolescent Depression	10	Brief Screen for Adolescent Depression	90%
Eating Disorders	27	Eating Disorders	92%
Bipolar Disorder	22	Bipolar Disorder	45%
Psychosis	8	Psychosis	38%
Substance Use	2	Substance Use	50%
Psychosis – Loved Ones	0	Psychosis – Loved Ones	N/A
<i>January 2018 Total:</i>	60	Total Number:	205
<i>February 2018 Total:</i>	72		
<i>March 2018 Total:</i>	165		
Quarter 1 Total:	297		
TOTAL Online Screenings to date:	3,692		

Of those who scored positive for symptoms, what percent of people plan to seek help? *		
Depression: Community Screening	18 scored positive, 12 of whom plan to seek help	67%
Alcohol Use	4 scored positive, 0 of whom plan to seek help	0%
Generalized Anxiety Disorder	8 scored positive, 3 of whom plan to seek help	38%
Posttraumatic Stress Disorder	2 scored positive, 1 of whom plans to seek help	50%
Brief Screen for Adolescent Depression	2 scored positive, 2 of whom plan to seek help	100%
Eating Disorders	6 scored positive, 2 of whom plan to seek help	33%
Bipolar Disorder	2 scored positive, 1 of whom plans to seek help	50%
Psychosis	1 scored positive, 0 of whom plan to seek help	0%
Substance Use	1 scored positive, 0 of whom plan to seek help	0%
Psychosis – Loved Ones	N/A	N/A
Totals:	44 scored positive, 21 of whom plan to seek help	48%
* based only on those who opted into this question		

Quarter 1 – Screenings by Day



Key: Red dots on graph mark dates on which community events took place

Quarter 1 – Community Events

Community events that took place during the 1st quarter of 2018 accounted for 48% of total screenings...

January 25th Rag & Bone Sip and Shop - 15% proceeds to AS

- 4 online screenings took place the day of the event

January 31st Aspen Hope Center: Dan Siegel & Tina Payne Bryson

- 3 online screenings took place the day of the event

February 2nd-4th Pop Up event for 5028 Shoes-proceeds to AS

- 9 online screenings took place during of the event

February 10th Wheeler Opera House, PostSecret The Show

- 10 online screenings took place the day of the event

March 6th GlenX Career Expo

- 75 online screenings took place the day of the event

March 8th-11th Après Ski Cocktail Classic

- 18 online screenings took place during the event

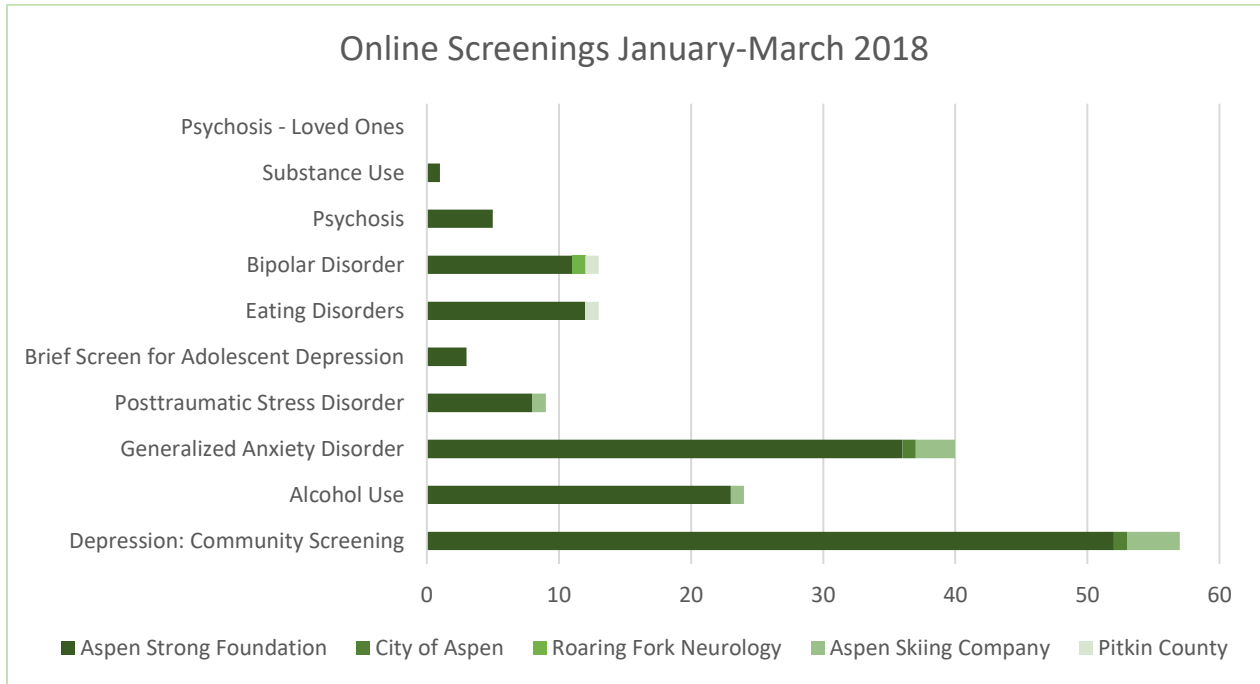
March 16th Aspen Strong hosting Weekly Uphill Social

- 1 online screening took place the day of the event

March 27th AYPAC Community Nonprofit Fair

- 24 online screenings took place the day of the event

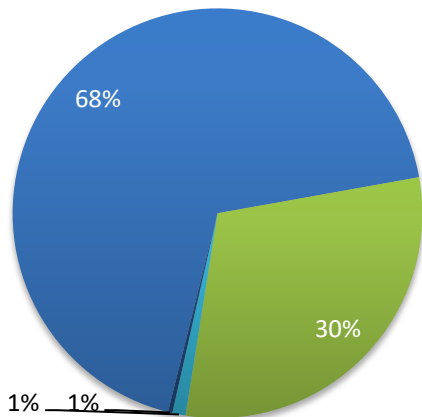
Quarter 1 – Partner Site Screening Breakdown



Quarter 1 – Demographic Information

Gender Identity

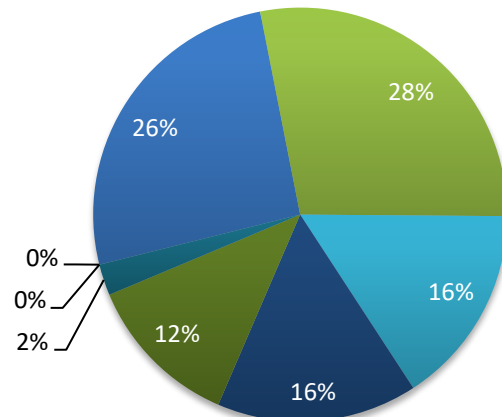
Female Male Transgender Other



Age

18-24 25-34 35-44 45-54

55-64 65-74 75-84 85+



Promotional Language

During Quarter 1 (January 1st-March 31st, 2018), there have been **297 online mental health screenings** taken through Aspen Strong screening initiative partner sites. This Q1 total accounts for approximately 8% of Aspen Strong's overall total screenings since November of 2014. Screenings taken in January 2018 (60) and February 2018 (72), even when added together, add up to a smaller number than total screenings taken in March 2018 (165). Twice as many community events took place in March than in either January or February, so this may somewhat account for the discrepancy in monthly screening numbers.

May is Mental Health Awareness Month. **One in five Americans lives with a diagnosable mental health disorder, whether or not they know it yet.** While online screening is non-diagnostic in nature, it does provide a quick, anonymous way to check in with your mental health. Screening is a great educational tool and an important first step for those who may be concerned about their own mental health or that of a friend or loved one. There's nothing to lose and everything to learn! Start your free mental fitness journey at ***<http://screening.mentalhealthscreening.org/aspenstrong>***.
