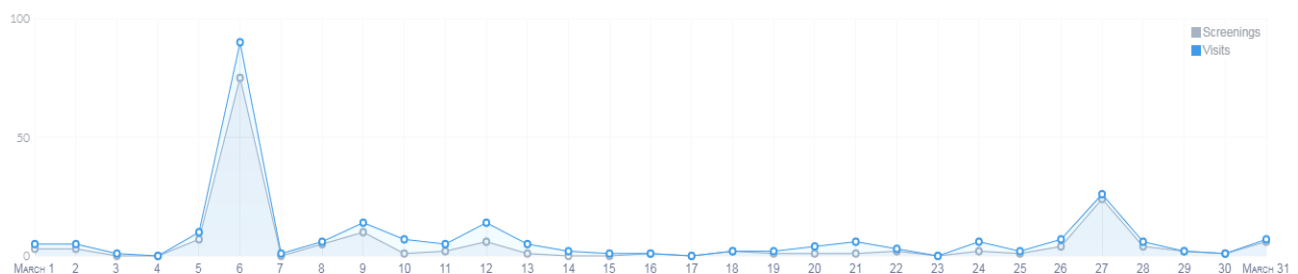


Online Screening Results for March 2018

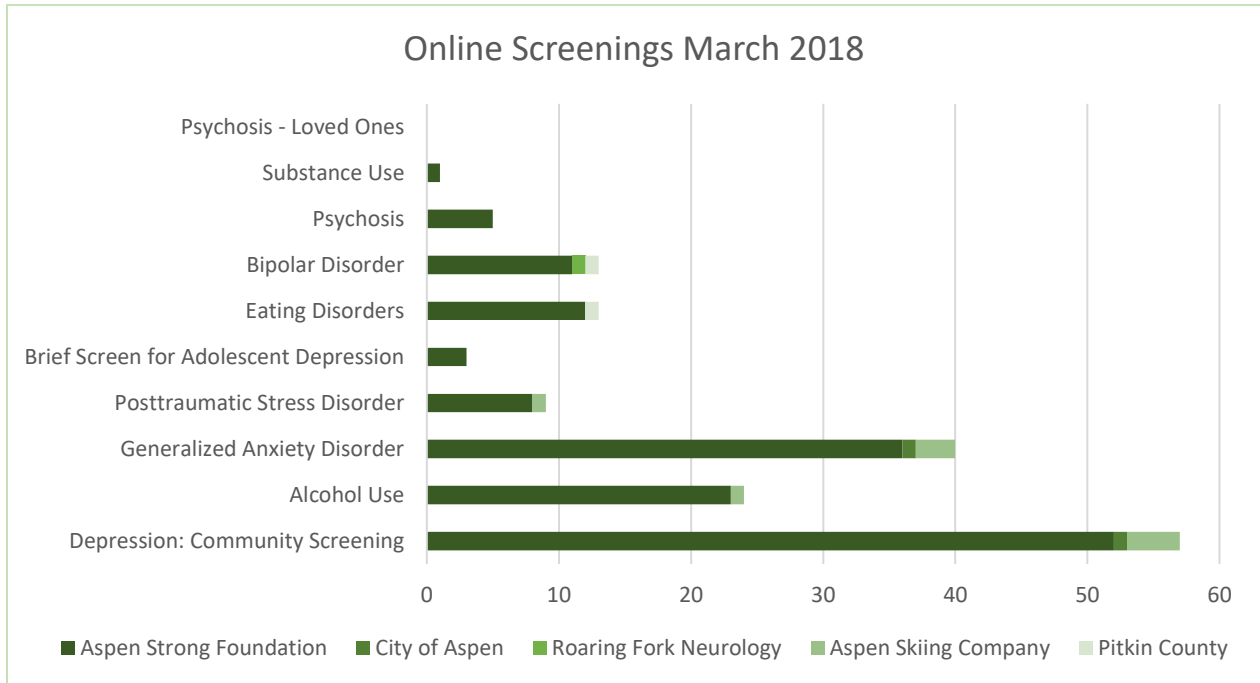
Number of Online Screenings Taken from 3/1/2018 – 3/31/2018		Online Screenings that Scored Positive for Symptoms of the Disorder	
Depression: Community Screening	57	Depression: Community Screening	67%
Alcohol Use	24	Alcohol Use	83%
Generalized Anxiety Disorder	40	Generalized Anxiety Disorder	75%
Posttraumatic Stress Disorder	9	Posttraumatic Stress Disorder	77%
Brief Screen for Adolescent Depression	3	Brief Screen for Adolescent Depression	100%
Eating Disorders	13	Eating Disorders	84%
Bipolar Disorder	13	Bipolar Disorder	46%
Psychosis	5	Psychosis	40%
Substance Use	1	Substance Use	0%
Psychosis – Loved Ones	0	Psychosis – Loved Ones	N/A
TOTAL:	165	Total Number:	117
TOTAL Online Screenings YTD:	297		
TOTAL Online Screenings:	3,692		

Of those who scored positive for symptoms, what percent of people plan to seek help? *		
Depression: Community Screening	10 scored positive, 7 of whom plan to seek help	70%
Alcohol Use	2 scored positive, 0 of whom plan to seek help	0%
Generalized Anxiety Disorder	4 scored positive, 2 of whom plans to seek help	50%
Posttraumatic Stress Disorder	N/A	N/A
Brief Screen for Adolescent Depression	N/A	N/A
Eating Disorders	2 scored positive, 1 of whom plans to seek help	50%
Bipolar Disorder	1 scored positive, 1 of whom plans to seek help	100%
Psychosis	1 scored positive, 0 of whom plan to seek help	0%
Substance Use	N/A	N/A
Psychosis – Loved Ones	N/A	N/A
Totals:	20 scored positive, 11 of whom plan to seek help	55%
<i>* based only on those who opted into this question</i>		

Screenings by Day



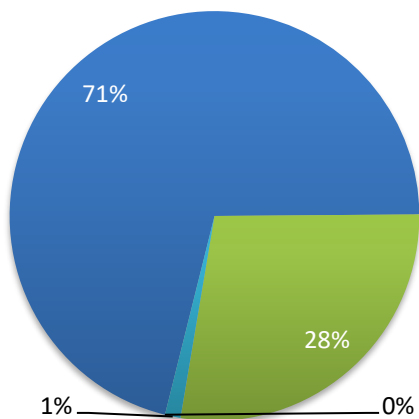
Partner Site Screening Breakdown



Demographic Information

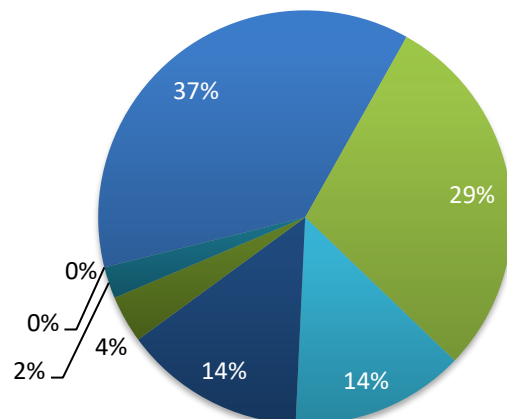
Gender Identity

Female Male Transgender Other



Age

18-24 25-34 35-44 45-54
55-64 65-74 75-84 85+



Community Events

March 6th GlenX Career Expo

- 75 online screenings took place the day of the event (45% of screenings for the month)

March 8th-11th Après Ski Cocktail Classic

- 18 online screenings took place during the event (11% of screenings for the month)
 - 5 online screenings took place on the 8th (3% of screenings for the month)
 - 10 online screenings took place on the 9th (6% of screenings for the month)
 - 1 online screening took place on the 10th (0.5% of screenings for the month)
 - 2 online screenings took place on the 11th (1% of screenings for the month)

March 16th Aspen Strong hosting Weekly Uphill Social

- 1 online screening took place the day of the event (0.5% of screenings for the month)

March 27th AYPAC Community Nonprofit Fair

- 24 online screenings took place the day of the event (15% of screenings for the month)

Aspen Strong's four community events in March accounted for 72% of the month's screenings.

Promotional Language

National Alcohol Screening Day (NASD) takes place on April 5th and is an important opportunity to encourage at-risk friends and family to take an alcohol use screening online. According to the National Institute of Alcohol Use and Alcoholism, over 15 million adults in the United States live with Alcohol Use Disorder and less than 7% of these adults received treatment. NASD is a chance to take the first step toward recovery and better health, starting with the population in Roaring Fork Valley. **So far this year, 13% of online mental health screenings taken through the Aspen Strong screening initiative have been for Alcohol Use Disorder. 73% of those who took screenings reported symptoms that were at least partially consistent with those of the disorder.** If you are worried about your drinking habits or about those of someone you care about, start by learning more at <http://screening.mentalhealthscreening.org/aspenstrong>.

Of the 117 people who scored positive for a mental health disorder this month, 20 answered the optional question "Do you plan to seek help?" Of those 20 who responded, 11 reported that they did indeed intend to seek help.
