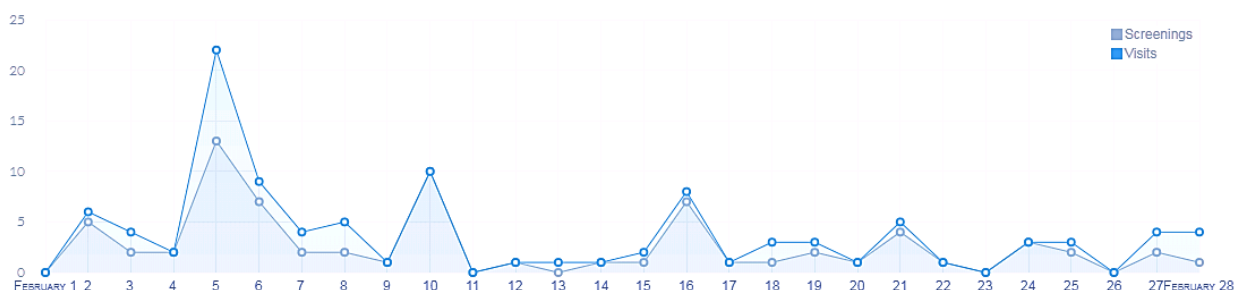


Online Screening Results for February 2018

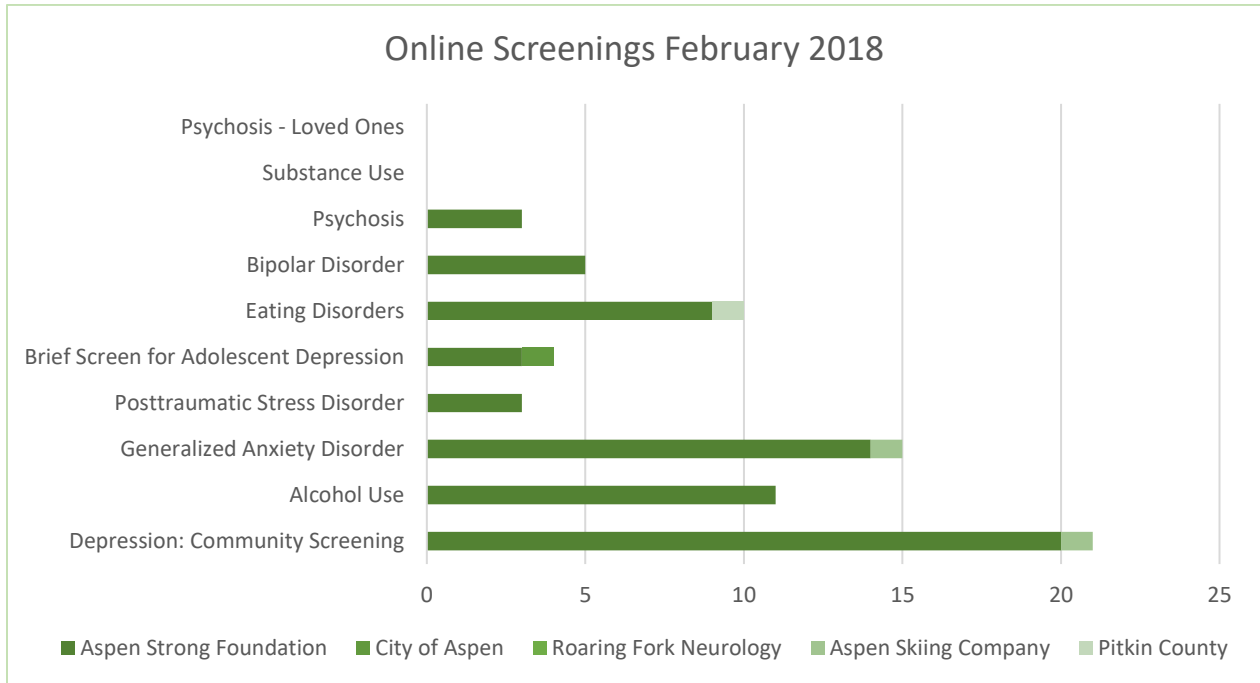
Number of Online Screenings Taken from 2/1/2018 – 2/28/2018		Online Screenings that Scored Positive for Symptoms of the Disorder	
Depression: Community Screening	21	Depression: Community Screening	57%
Alcohol Use	11	Alcohol Use	55%
Generalized Anxiety Disorder	15	Generalized Anxiety Disorder	80%
Posttraumatic Stress Disorder	3	Posttraumatic Stress Disorder	100%
Brief Screen for Adolescent Depression	4	Brief Screen for Adolescent Depression	75%
Eating Disorders	10	Eating Disorders	90%
Bipolar Disorder	5	Bipolar Disorder	20%
Psychosis	3	Psychosis	33%
Substance Use	0	Substance Use	N/A
Psychosis – Loved Ones	0	Psychosis – Loved Ones	N/A
TOTAL:	72	Total Number:	47
TOTAL Online Screenings YTD:	132		
TOTAL Online Screenings:	3,527		

Of those who scored positive for symptoms, what percent of people plan to seek help? *		
Depression: Community Screening	4 scored positive, 2 of whom plan to seek help	50%
Alcohol Use	1 scored positive, 0 of whom plan to seek help	0%
Generalized Anxiety Disorder	4 scored positive, 1 of whom plans to seek help	25%
Posttraumatic Stress Disorder	N/A	N/A
Brief Screen for Adolescent Depression	2 scored positive, 2 of whom plan to seek help	100%
Eating Disorders	2 scored positive, 0 of whom plan to seek help	0%
Bipolar Disorder	N/A	N/A
Psychosis	N/A	N/A
Substance Use	N/A	N/A
Psychosis – Loved Ones	N/A	N/A
Totals:	13 scored positive, 5 of whom plan to seek help	38%
<i>* based only on those who opted into this question</i>		

Screenings by Day



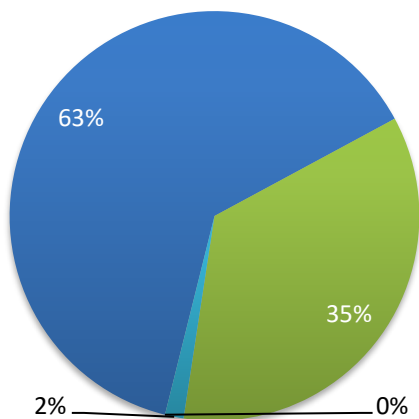
Partner Site Screening Breakdown



Demographic Information

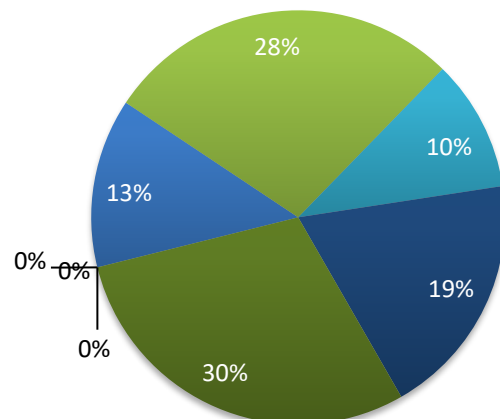
Gender Identity

■ Female ■ Male ■ Transgender ■ Other



Age

■ 18-24 ■ 25-34 ■ 35-44 ■ 45-54
 ■ 55-64 ■ 65-74 ■ 75-84 ■ 85+



Community Events

February 2nd-4th Pop Up event for 5028 Shoes-proceeds to AS

- 9 online screenings took place during of the event (13% of screenings for the month)
 - 5 online screenings took place on the 2nd (7% of screenings for the month)
 - 2 online screenings took place on the 3rd (3% of screenings for the month)
 - 2 online screenings took place on the 4th (3% of screenings for the month)

February 10th Wheeler Opera House, PostSecret The Show

- 10 online screenings took place the day of the event (14% of screenings for the month)

These two community events accounted for 27% of February screenings.

Promotional Language

Sleep Awareness Week is coming up in mid-March (11-17). While getting a good night's sleep may seem impossible with a busy schedule, mood and mental fitness can be negatively impacted if you don't get enough shut eye. Sleep allows your brain and body to rest and refresh, so that you can start the next day feeling alert and motivated. If you are regularly *oversleeping*, however, or constantly feeling tired despite a healthy sleep schedule, your body may be signaling to you that it's time to get a checkup from the neck up. **48 of the 72 online mental health screenings taken in Roaring Fork Valley during February 2018 were for mood-related issues (depression, general anxiety disorder, PTSD, and bipolar disorder).** You too can take care of your mental hygiene with a free, brief, anonymous screening at <http://screening.mentalhealthscreening.org/aspensstrong>.

Of the 47 people who scored positive for a mental health disorder this month, 13 answered the optional question "Do you plan to seek help?" Of those 13 who responded, 5 reported that they did indeed intend to seek help.
