

### Online Screening Results for January 2017

Number of Online Screenings Taken from 1/1/2017 – 1/31/2017		Online Screenings that Scored Positive for Symptoms of the Disorder	
Depression	46	Depression	65%
Bipolar Disorder	11	Bipolar Disorder	55%
Generalized Anxiety Disorder	18	Generalized Anxiety Disorder	78%
Posttraumatic Stress Disorder	9	Posttraumatic Stress Disorder	66%
Brief Screen for Adolescent Depression	9	Brief Screen for Adolescent Depression	44%
Alcohol Use	14	Alcohol Use	79%
Eating Disorders	5	Eating Disorders	80%
Substance Use	3	Substance Use	100%
<b>TOTAL:</b>	<b>115*</b>	<b>Total Number:</b>	<b>78</b>
<b>TOTAL Online Screenings YTD:</b>	<b>115</b>		
<b>TOTAL Cumulative Online Screenings:</b>	<b>1942</b>		

\*Includes screenings from Valley Health Alliance, Mountain Family Health Centers, and the Aspen Clinic, whose sites terminated on 1/15/17

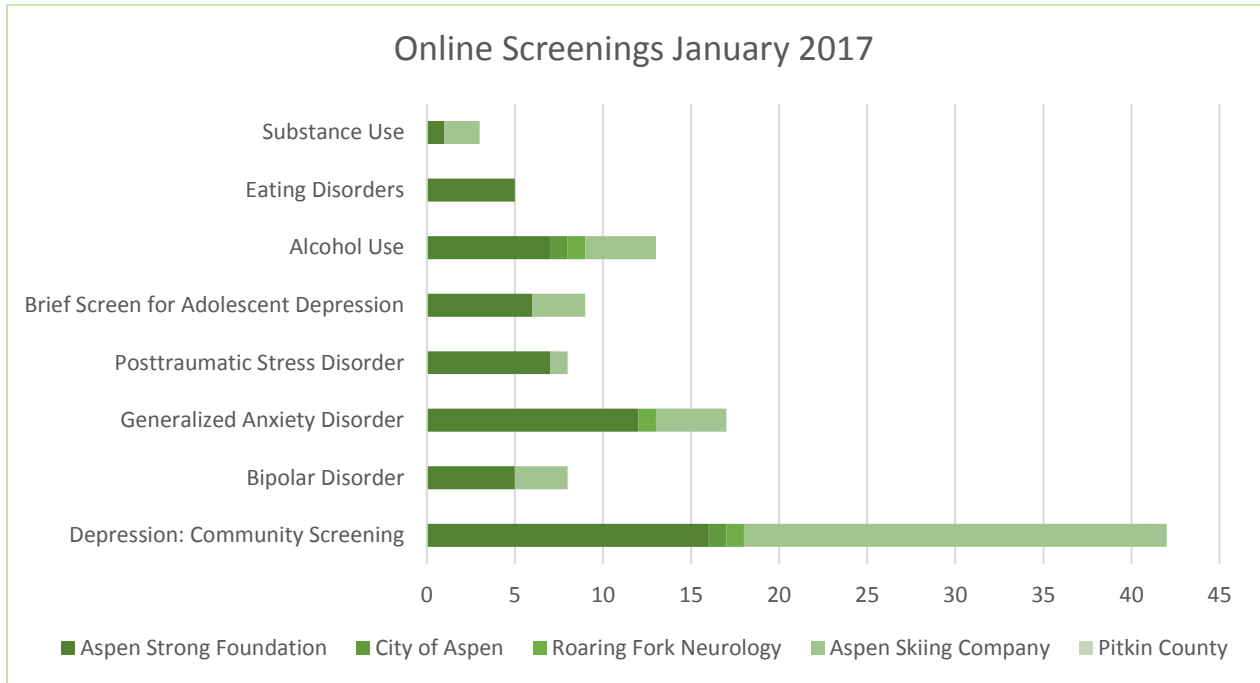
People who Plan to Seek Help**	
Depression	73%
Bipolar Disorder	50%
Generalized Anxiety Disorder	50%
Posttraumatic Stress Disorder	N/A
Brief Screen for Adolescent Depression	33%
Alcohol Use	40%
Eating Disorders	N/A
Substance Use	N/A
<b>Total Number:</b>	<b>13</b>

\*\* Based only on those who responded to this optional question and scored positively

### Screenings by Day



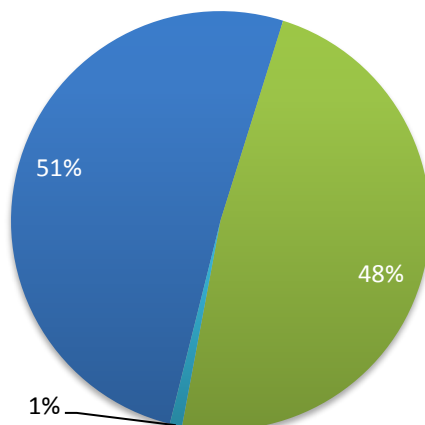
## Partner Sites Screening Breakdown



## Demographic Information

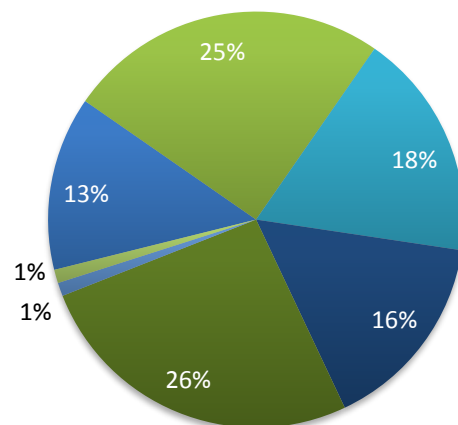
### Gender Identity

Female Male Transgender Other



### Age

18-24 25-34 35-44 45-54  
55-64 65-74 75-84 85+



## Community Events

### January 6<sup>th</sup> -7<sup>th</sup> Aspen Junior Hockey

- 21 online screenings during the event (18% of screenings this month)
  - o 4 online screenings on 1/6
  - o 17 online screenings on 1/7
- 26 online screenings in the days following the event (23% of screenings this month)
  - o 21 online screenings on 1/8
  - o 5 online screenings on 1/9

***In total, this event accounted for 41% of Aspen Strong's January 2017 online screenings***

## Promotional Language

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During the month of January 2017, **115 online mental health screenings** were taken as part of the Aspen Strong screening initiative. This is nearly four times the number of screenings taken during January 2016! We have our partner sites--*the City of Aspen, Roaring Fork Neurology, the Aspen Skiing Company, and Pitkin County*--to thank for the significant boost in screening numbers, as well as the continued growth and development of the Aspen Strong Foundation's own screening program.

40% of January screenings were for depression. 51% of the total individuals screened were female, with males following up close behind at 48%. This statistic is particularly important to note, because generally men are less likely than women to seek help for their mental health concerns. Here, though, they appear to have nearly even screening numbers. The majority of people who took a screening were in the age ranges of either 25-34 (25%) or 55-64 (25%). *Of the 78 people who scored positive for symptoms of a mental health disorder, 13 reported that they intended to seek help.*

The Aspen Junior Hockey mental health awareness event that took place on January 6-7 brought in 41% of the month's total online screenings, both during the event and in the days following.

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