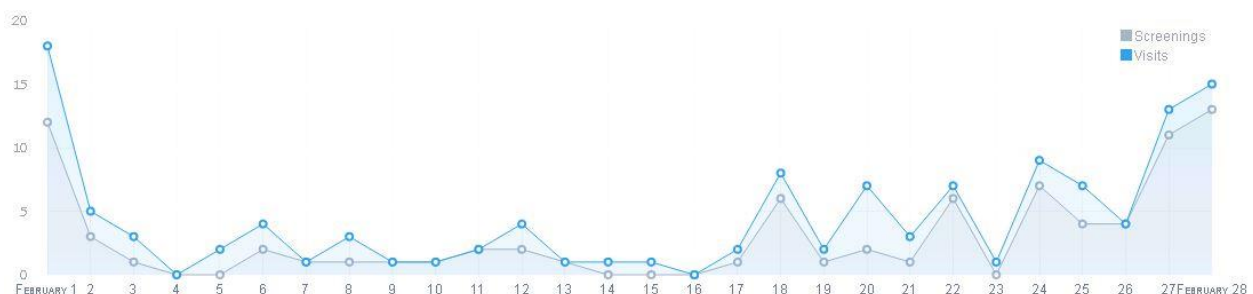


### Online Screening Results for February 2017

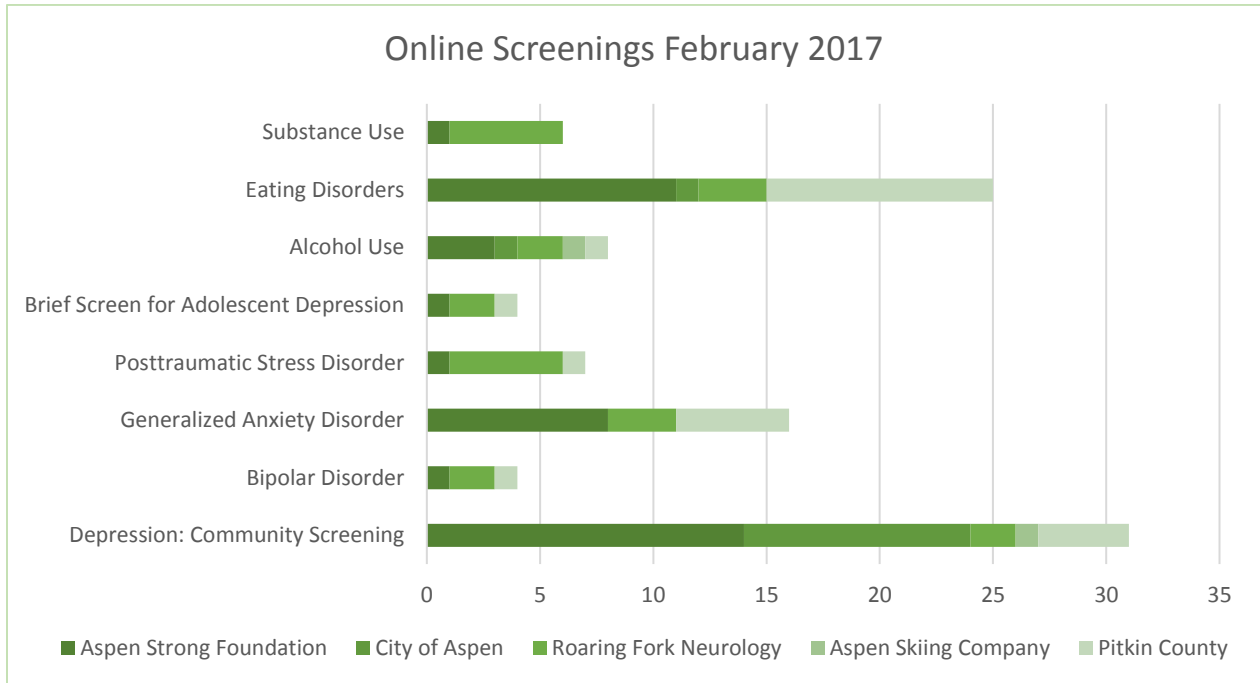
Number of Online Screenings Taken from 2/1/2017 – 2/28/2017		Online Screenings that Scored Positive for Symptoms of the Disorder	
Depression: Community Screening	28	Depression: Community Screening	67%
Bipolar Disorder	2	Bipolar Disorder	50%
Generalized Anxiety Disorder	15	Generalized Anxiety Disorder	80%
Posttraumatic Stress Disorder	2	Posttraumatic Stress Disorder	100%
Brief Screen for Adolescent Depression	2	Brief Screen for Adolescent Depression	50%
Alcohol Use	8	Alcohol Use	88%
Eating Disorders	25	Eating Disorders	84%
Substance Use	1	Substance Use	100%
<b>TOTAL:</b>	<b>83</b>	<b>TOTAL:</b>	<b>64</b>
<b>TOTAL Online Screenings YTD:</b>	<b>198</b>		
<b>TOTAL Cumulative Online Screenings:</b>	<b>2025</b>		

People who Plan to Seek Help*	
Depression: Community Screening	20%
Bipolar Disorder	N/A
Generalized Anxiety Disorder	17%
Posttraumatic Stress Disorder	N/A
Brief Screen for Adolescent Depression	N/A
Alcohol Use	N/A
Eating Disorders	14%
Substance Use	N/A
<b>TOTAL:</b>	<b>3</b>
<i>* Based only on those who responded to this optional question and scored positively</i>	

### Screenings by Day



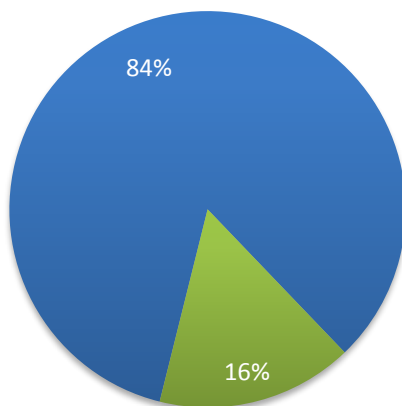
## Partner Site Screening Breakdown



## Demographic Information

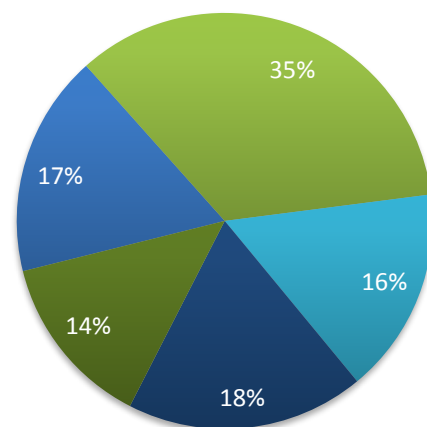
### Gender Identity

Female Male Transgender Other



### Age

18-24 25-34 35-44 45-54  
55-64 65-74 75-84 85+



## Community Events

### February 26<sup>th</sup>-March 4<sup>th</sup> National Eating Disorder Awareness Week

- 32 online screenings during the event (47% being Eating Disorder screenings)
  - o 4 online screenings on 2/26 (25% Eating Disorder)
  - o 12 online screenings on 2/27 (25% Eating Disorder)
  - o 13 online screenings on 2/28 (46% Eating Disorder)
  - o 1 online screening on 3/1 (100% Eating Disorder)
  - o 2 online screenings on 3/2 (100% Eating Disorder)
  - o 0 online screenings on 3/3
  - o 1 online screening on 3/4 (100% Eating Disorder)

*In total, this event accounted for 35% of Aspen Strong's February 2017 online screenings*

## Promotional Language

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This month, the Aspen Strong screening initiative **surpassed 2000 total online mental health screenings** since the Aspen Strong Foundation began the project in November of 2014. This number marks a milestone in Aspen Strong's work to spread mental health awareness in Roaring Fork Valley and to provide screening tools and resources to the community. **83 online mental health screenings** were taken during the month of February 2017.

Screenings for depression made up 24% of February screenings. Most of the screening population (35%) fell into the 25-34 age range. The major of people screened this month were female (84%), which is likely due to the end of February being during National Eating Disorder Awareness Week. Women have traditionally been the target population for eating disorder awareness efforts; however, men suffer from eating disorders as well, often in silence due to stigma. It is important to be aware that anyone can have an eating disorder and anyone can get the help that they need. *Of the 64 people who scored positive for a mental health disorder, 3 reported that they intended to seek help.*

National Eating Disorder Awareness Week ran from February 26<sup>th</sup> until March 4<sup>th</sup>. During this awareness event, 32 online screenings were taken on Aspen Strong Partner sites; 47% of these were for Eating Disorders.

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