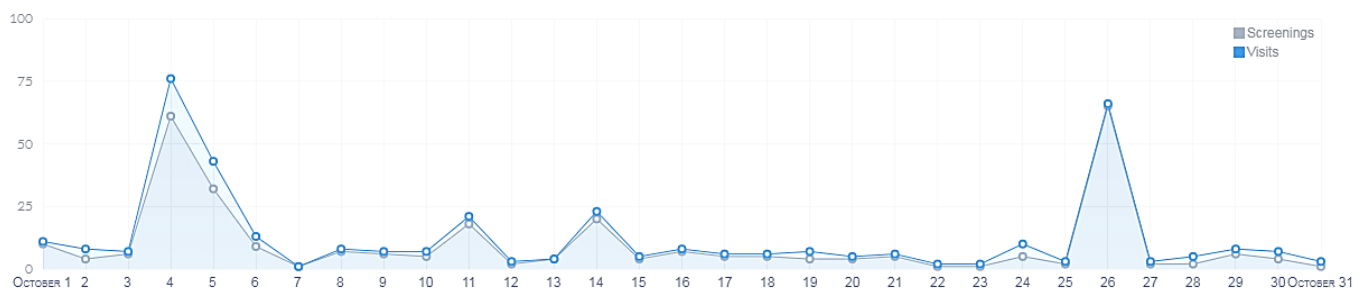


Online Screening Results for October 2017

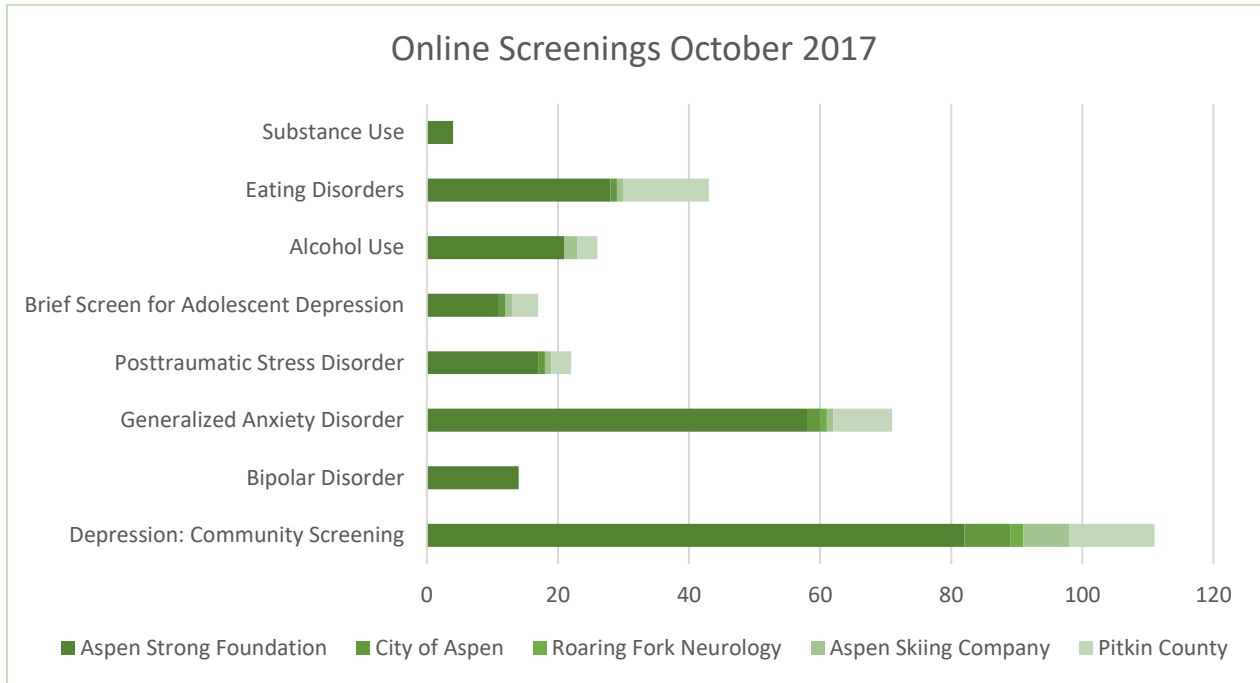
Number of Online Screenings Taken from 10/1/2017 – 10/31/2017		Online Screenings that Scored Positive for Symptoms of the Disorder	
Depression: Community Screening	111	Depression: Community Screening	48%
Bipolar Disorder	14	Bipolar Disorder	43%
Generalized Anxiety Disorder	71	Generalized Anxiety Disorder	56%
Posttraumatic Stress Disorder	22	Posttraumatic Stress Disorder	50%
Brief Screen for Adolescent Depression	17	Brief Screen for Adolescent Depression	59%
Alcohol Use	26	Alcohol Use	62%
Eating Disorders	43	Eating Disorders	72%
Substance Use	4	Substance Use	75%
TOTAL:	308	Total Number:	170
TOTAL Online Screenings YTD:	1,240		
TOTAL Online Screenings:	3,068		

Of those who scored positive for symptoms, what percent of people plan to seek help? *		
Depression: Community Screening	12 scored positive, 7 of whom plan to seek help	58%
Bipolar Disorder	N/A	N/A
Generalized Anxiety Disorder	11 scored positive, 9 of whom plan to seek help	82%
Posttraumatic Stress Disorder	2 scored positive, 1 of whom plans to seek help	50%
Brief Screen for Adolescent Depression	4 scored positive, 3 of whom plan to seek help	75%
Alcohol Use	3 scored positive, 0 of whom plan to seek help	0%
Eating Disorders	8 scored positive, 1 of whom plans to seek help	13%
Substance Use	N/A	N/A
Totals:	40 scored positive, 21 of whom plan to seek help	53%
* based only on those who opted into this question		

Screenings by Day



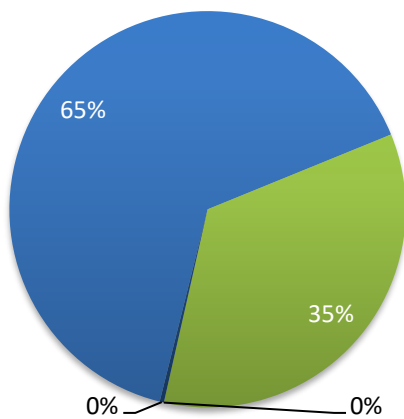
Partner Site Screening Breakdown



Demographic Information

Gender Identity

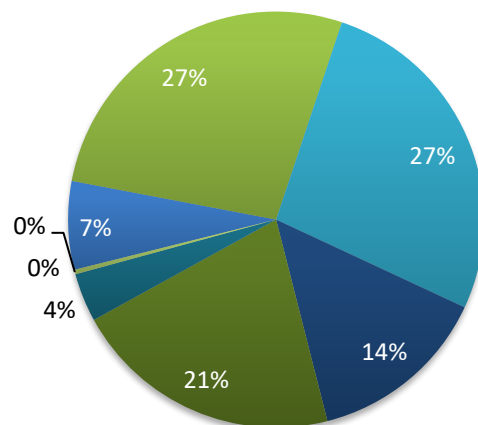
Female Male Transgender Other



Age

18-24 25-34 35-44 45-54

55-64 65-74 75-84 85+



Community Events

October 4th Pitkin County Employee Well-Being Fair

- 61 online screenings took place the day of the event (20% of screenings for the month)

October 10-11th Destigmatizing Mental Health and Managing Stress

- 5 online screening took place on October 10th (2% of screenings for the month)
- 18 online screening took place on October 11th (6% of screenings for the month)
- 23 total online screenings associated with the event (7% of screenings for the month)

October 11th Mountain Rescue Panel Discussion

- 18 online screenings took place the day of the event (6% of screenings for the month)

October 14th Aspen Valley Health Fair

- 20 online screenings took place the day of the event (6% of screenings for the month)

October 19-20th Changing Brains Changing Lives Symposium

- 4 online screening took place on October 19th (1% of screenings for the month)
- 4 online screening took place on October 20th (1% of screenings for the month)
- 8 total online screenings associated with the event (3% of screenings for the month)

October 26th City of Aspen Health Fair

- 65 online screenings took place the day of the event (21% of screenings for the month)

Overall, community events accounted for ~57% of online screenings for the month of October

Promotional Language

October was National Depression Awareness Month. **308 online mental health screenings were taken** over the course of this month, **36% (111 screenings)** of which were screenings for depression. On National Depression Screening Day (NDS) itself, October 5th, **32 screenings** were taken. This number is in comparison to last year's 9 screenings on NDS, implying that the Aspen Strong screening initiative's NDS participant population has more than tripled over the past year!

This month, Aspen Strong passed the **1,000-screening mark** for the 2017 calendar year. In addition to this, it surpassed **3,000 total screenings** since the inception of the screening initiative.

Of the 170 people who scored positive for a mental health disorder, 40 answered the optional question "Do you plan to seek help?" Of those 40 who responded, 21 reported that they did indeed intend to seek help.
